

Living Skills Classes

Monday: Money Management (Every third Monday of each month) To encourage consumers to further become economically independent, our money management class focuses on basic concepts in budgeting and money management that will provide consumers a greater ability to, for example, open banking accounts and balance check books.

Group or Individual Appointments Available

Time: 11a.m. James P. Kulzer

Monday cooking classes are cancelled until further notice.

Tuesday: Movie Class (Every third Tues of each month) Movie day is a social event for our consumers to learn from educational and documentary movies, and answer questions about what they learned from watching the experience. And how they like or dislike the movie.

Time: 10a.m. Dane Geer

Tuesday: Peer Support Group (Every 4th Tues of each month. By appointment only) Persons with disabilities can face unique challenges in the process of becoming independent. To assist consumers in meeting their life objectives, ILCKC offers weekly peer support in both group and individual formats.

Time: 11a.m. Dane Geer

Open "Peer to Peer" group meetings will take place on the 2nd and 4th Thursday of each month after the regularly scheduled classes end. From 3pm to 4pm (No appointment needed)

Thursday: Computer Class In today's technologically advancing world, it is critical to have basic computer skills. This Class will teach consumers how to use Microsoft Word, Microsoft Outlook, Internet, And Manage e-mail.

Schedule a meeting with Dane Geer for 1 on 1 computer lab time, or, attend one of our scheduled meeting on the 2nd and 4th Thursday classes on our class calendar.

CLASSES ARE STARTING NOW, PLEASE CALL AND SIGN UP TODAY!

The Mission of ILCKC is to empower persons with disabilities to live independently in their communities and provide advocacy for systems change, ongoing community integration and acceptance of persons with disabilities. In adherence to our mission, the agency provides a multitude of services designed to assist consumers in developing, maintaining or improving skills that will further enhance quality of life.

Independent Living Center of Kern County

1631 30th Street

Bakersfield, CA 93301

(661) 325-1063

"Empowering Informing and Encouraging"